

BCLA COACHES GROUP REPORT

JANUARY 2026

This report outlines key governance, communication, and operational challenges within the BCLA Coaches Group and broader coaching development system. While volunteers remain committed and passionate, structural gaps—particularly in onboarding, communication systems, course delivery, facilitator management, and coach development—limit their effectiveness.

The recommendations presented focus on improving governance clarity, establishing consistent onboarding, modernizing communication infrastructure, enhancing coaching course accessibility, strengthening facilitator training and utilization, and investing in ongoing coach development. These changes aim to empower volunteers, improve service delivery, and support long-term growth in coaching across the province.

Prepared by: Travis Gillespie
BCLA Coaches Chair

INTRODUCTION

First and foremost, I would like to recognize and thank the volunteers on this committee, across all other committees, and in every role within our organization who work tirelessly to make our sport better. Their dedication is the foundation of everything we do.

As someone new to this role, I could easily repeat last year's report and note that very little has changed. Instead, I have chosen to provide observations and recommendations based on my personal experiences and the feedback I gathered from members across the province.

CONTEXT AND GOVERNANCE CONSIDERATIONS

A comment from Russ Shepard in 2024 remains highly relevant:

"The entire Governance structure within the BCLA needs to be audited to ensure the roles and responsibilities are well defined and that each group understands where they fit in the governance model... This Coaches Technical group should be spearheading the growth and development of our coaches... It has been used recently as more of a discipline body for coaches, and that is not its function." — Russ Shepard, 2024

This statement highlights a core issue: volunteers' step into roles with the best intentions, but without clear structures, expectations, and support, their ability to contribute meaningfully is limited.

ONBOARDING AND VOLUNTEER INTEGRATION

Problem

The current onboarding process for elected and appointed positions is minimal to non-existent. New volunteers often lack clarity on their responsibilities, key contacts, timelines, and required tasks.

Recommended Solution

Implement a structured onboarding program that includes:

- Clear role descriptions and expectations
- Introductions to relevant committees, staff, and partners
- Access to required email lists (e.g., Lacrosse Canada, Team BC)

- A timeline of important dates and deliverables
- A follow-up process extending several months into the role
- A formal announcement to the membership

This approach supports clarity, compliance, culture, connection, and confidence—ensuring volunteers feel welcomed and prepared.

COMMUNICATION INFRASTRUCTURE

Problem

In early 2025, I attempted to contact every minor association president. Many emails bounced, were outdated, or went unanswered. Members across the province expressed similar frustrations.

Recommended Solution

Create and maintain a centralized, regularly updated contact database. Associations should be required to update their information whenever leadership changes.

This will allow committee members, facilitators, and staff to efficiently reach the appropriate individuals.

COACHING – RELATED MEMBER FEEDBACK

Across the province, two major concerns were consistently raised:

1. Difficulty contacting the BCLA or receiving timely responses
2. Insufficient coaching course availability, locations, and scheduling

Streamlining Communication About Coaching Courses

Problem

The BCLA office receives a high volume of direct inquiries from individual coaches, creating delays and inefficiencies.

Recommended Solution

Require all coaching-course inquiries to go through each association's Head Coach (or designated representative). This will:

- Reduce duplicate inquiries
- Improve response times
- Ensure consistent messaging

- Allow associations to manage their own coaching development more effectively

Course Availability, Location, and Scheduling

Problem

Courses are not consistently offered in convenient locations or at times that work for coaches.

Recommended Solution

A new system—developed with support from the Coaches Group—allows associations to host their own courses. This model should be adopted on a trial basis.

Benefits include:

- Local control over scheduling
- Free or low-cost access to facilities
- Better alignment with coach availability
- Increased course capacity

FACILITATOR RECRUITMENT, TRAINING AND UTILIZATION

Problem

Despite long-standing calls for more facilitators, many existing facilitators:

- Have not been fully trained
- Have never been assigned to teach
- Have stopped participating due to frustration

Recommended Solutions

Facilitator Assignment

- Allow associations to request facilitators of their choice
- For general courses, implement a rotating assignment system
- Ensure all trained facilitators receive opportunities to teach

Course Cost Tracking

Maintain an up-to-date document outlining:

- Facility costs
- Facilitator fees
- Administrative expenses

This will help determine whether course fees are appropriate and whether facilitator compensation is adequate.

Course and Facilitator Evaluation

Introduce standardized evaluation forms for:

- Course content
- Facilitator performance

This will provide actionable feedback for the Master Course Facilitator and support continuous improvement.

Expanding Facilitator Coverage

There is a significant need for facilitators outside the Lower Mainland and major Island centres. I identified 11 willing candidates, but to date none have been enrolled in required training. This must become a priority to ensure equitable access to coaching development across the province.

COACHING DEVELOPMENT BEYOND NCCP

Problem

There has been little to no coach development, mentorship, or training offered outside of NCCP courses for several years.

Recommended Solution

Provide this committee—or a newly formed development group—with a dedicated budget to pursue:

- Professional development opportunities
- Mentorship programs
- Specialized training sessions
- Guest speakers or workshops

Without a budget, volunteers cannot confidently plan or commit to meaningful development initiatives.

CONCLUSION

This past year has been enlightening. While some of the issues raised may sound negative, the intent is constructive. Our volunteers are willing, capable, and passionate—but they need structure, support, and systems that enable them to succeed.

With improved governance, communication, onboarding, and development pathways, we can empower our volunteers and strengthen the future of coaching in our province.

Respectfully submitted, *Travis Gillespie BCLA Coaches Chair*

Minor Directorate Coaches Technical Group Year End Report 2025

I first off would like to thank all the people involved in the Coaches Technical group and the BCLA office for all the work they do throughout the year.

This season once again brought out allot of craziness with all involved ...Player, Coaches, Officials, Parents. In Minor we conducted multiple discipline hearings for coaches this season with suspensions ranging from warnings and extra training to a year suspension for Ryan Minty (Oceanside) for multiple suspensions for abuse and a 10-year suspension for Peter Youngblut (West Kootenay) for kicking a player. I would like to thank all the minor coaches' reps for their many hours that were spend having to deal with these issues.

The Coaches Technical group is working hard to find more clinicians especially in all the areas outside the lower mainland. I would ask all clubs to look for someone in your own association that may want to do this so we can have more clinics and be able to train more coaches. We are also looking at more ways to make clinics easier to attend.

I would like to thank all the host clubs that took on all the provincial and a huge thank you to all the volunteers that spent many hours of their time to make them all successful.

Rob Arden
Vice Chair Coaches – Minor

Thank you to all involved in the Senior Directorate that made my job easier to do this year. Special thanks to League Commissioners who included me in their work when it involved coaches. Unfortunately, there were a small number of incidents involving coaches and unacceptable behaviour, but on a positive note, almost all coaches went through the season without concerns. Looking forward to next season as the next attempt at an incident free year.

Thank you

Dan Chetner

Vice Chair Sr

BCLA Coachs' Group

Vice Chair - Men's Field

BCLCG Special Sessions 2025

It has been a great 2025/26 field season so far. Thank you to all the clubs for working to ensure most coaches are properly certified. The BCLCG knows there are some gaps in availability of coaching clinics and we are working to expand and streamline this process. We are always looking for field Coaching Facilitators so if anyone in your club is interested please let the Coaches Group know.

From the 2024/25 field season, we had 3 coaches suspended with only one of 5 games or more. This resulted in 1 hearing with the BCLCG and the suspension in this case was upheld. I believe all the coach suspensions this season were issued for Abuse of Officials. While the number has come down, any form of abuse on the field is unacceptable. We need all clubs to help us work with their coaches to continue changing this behaviour.

Finally, I have decided not to run for re-election in my position of VC of Field Coaches this year. I really enjoyed my time working with the BCLCG and the Field Directorate over the past 6+ years. Lacrosse has always been a big part of my life and I will continue to give back to the game in different ways.

A special thank you the entire BCLA office for their continued support throughout the year. Looking forward to the upcoming Provincial Championships in February!

Shawn Donahue

Vice Chair – Women’s Field Report

Coaches Session January 12th/2026

For this season there is limited activity to report within the Women’s Field portfolio. Operationally, the primary focus was responding to ongoing feedback from the membership regarding access to timely and consistent coaching clinics, particularly for associations in remote areas of British Columbia.

In response, and in collaboration with the Coaches Committee, a Self-Hosting Coaching Clinic Policy and Process was developed and introduced to provide associations with greater flexibility while maintaining BCLA and NCCP standards. I am unaware if this initiative was received well or even used but hoping it could be a welcome addition for the BCLA to alleviate pressure for Dave Showers.

In addition, I was invited to a small number of disciplinary hearings during the late summer period. These matters were managed in accordance with established BCLA policies and procedures.

Beyond these items, there were no significant issues or changes to report.

Regards,

Gord Cooper

2025 Special Session Report – Team BC Box Lacrosse Program

By: Lucas Greene, Team BC Box Lacrosse Coordinator

It was another successful summer for the Team BC Lacrosse program, with many team successes.

The Box Lacrosse National Championships, hosted by Lacrosse Nova Scotia, were played in Halifax, Nova Scotia, from August 11–15. U13 and U15 coed and female teams, along with our U22 women's team, competed admirably through a difficult week of competition on the East Coast. Our U13F and U15F teams managed to bring home gold, while our U13C, U15C, and U22F teams brought home silver.

While those five teams were in Halifax, our U17 male and female teams competed in St. John's, Newfoundland and Labrador, at the 2025 Canada Summer Games. With smaller rosters and unforeseen challenges due to wildfires, both teams represented the province proudly at this flagship event. The U17 female team brought home gold during Week 1, while our U17 male team brought home silver.

I would like to highlight and thank all our coaches and managers for their hours of dedication from pre-tryouts to the end of competition. Their commitment to supporting and fostering the growth of our athletes is greatly appreciated. I would also like to thank Jill Krop, Deb Heard, and Dave Showers for their assistance throughout the spring and summer period. An additional thank you to the many coaches and former Team BC players who assisted throughout the Team BC tryout process as well.

Coaches and Managers

Team BC Female U22 – Head Coach: Ryley Brown. Assistant Coaches: Geordie Wells, Ava Regan, and Emily Kuhn. Manager: Jennifer McKinnon.

Team BC Female U17 – Head Coach: Russ Sheppard. Assistant Coaches: Marc Downey and Bianca Santucci. While I was officially the manager for this group, special thanks to Angela Downey, who assisted me in that role during a busy period.

Team BC Female U15 – Head Coach: Will Lockwood. Assistant Coaches: Colby Rope, Brad Rennie, and Bell Dempsey. Manager: Danika Palmer.

Team BC Female U13 – Head Coach: Kevin Hamaoka. Assistant Coaches: Kyle Goundrey, Monica Disanjh, and Raegan Mackenzie. Manager: Robin Parsons.

Team BC U13 – Head Coach: Andrew Guindon. Assistant Coaches: Peter Tellis, Zack Porter, and Scott Stapleford. Manager: Nick Liu.

Team BC U15 – Head Coach: Curt Malawsky. Assistant Coaches: Connar Abrams, Tyson Craiggs, and Mike Phillips. Manager: Joe Racic.

Team BC U17 – Head Coach: Gerry Van Beek. Assistant Coaches: Jeff Gombar, Grant Hamilton, and Bernard Manuel Jr. Manager: Chris McKay.

Thank you to the following people who assisted with the 2025 District Camps:

- **Fraser Valley & Vancouver** – Josh Wahl and Port Coquitlam Minor Lacrosse
 - **Vancouver Island** – Shane Mellish, Scott Ranger, and the NDSS Lacrosse Program
 - **Interior/North** – Darcy Rhodes and North Okanagan Minor Lacrosse (Armstrong)
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2025 Minor Box Lacrosse National Championship & Canada Summer Games Results

- Female U13 – Gold
- Female U15 – Gold
- Female U17 – Gold
- Female U22 – Silver
- U13 – Silver
- U15 – Silver

Team BC Field Lacrosse Report – 2025 Season

The 2025 season has been nothing short of historic for Team BC Field Lacrosse. Once again, over 400 athletes participated in our Men's and Women's Try Out Camps, showcasing the depth of talent across the province. From these tryouts, 5 Men's Teams (U14 / U15 / U16 / U17 / U19) and 6 Women's Teams (Middle School / Freshmen / Sophomore / Junior / Senior / U19) were selected to train, develop, and compete at elite events across North America. This summer, our teams traveled safely to Delaware, Maryland, Coquitlam, and Halifax, giving many athletes the opportunity to compete both nationally and on familiar home turf. Exciting upcoming trips include Arizona, California, Maryland, and Florida, providing continued exposure to high-level competition.

The 2025 graduating class continues to demonstrate Team BC's strength in player development. A total of 24 Male and 20 Female athletes earned official scholarship offers to compete in Field Lacrosse at Colleges and Universities in the United States and Canada. Team BC Field Lacrosse has over 100 athletes currently competing at the collegiate level, underscoring the program's ability to prepare athletes for the next stage of their careers.

This year's competitions were historic. At the Jenny Kyle Cup, hosted at Percy Perry Stadium in Coquitlam, Team BC defeated Team Ontario 15–7 in the gold medal game under the leadership of Head Coach Harlowe Steele. The tournament was especially meaningful, as many of the athletes competed in front of family, friends, and their home community, making the victory all the more memorable.

In Halifax, the U19 Men's Field Team – First Nations Trophy, coached by Ian Radonich, dominated the competition with a 17–5 victory over Team Ontario, while the U17 Men's Field Team – Alumni Cup, led by Matt Sobey, staged a dramatic come-from-behind 9–8 overtime win against Team Ontario to secure gold. Both victories showcased the resilience, skill, and teamwork that have become hallmarks of Team BC Field Lacrosse.

With these results, Team BC has once again achieved an unprecedented milestone: winning all three major Field Lacrosse National Championships in the same summer for the second consecutive year. This sustained success is a reflection of the talent, dedication, and commitment of our athletes, coaches, managers, trainers, and support staff, whose efforts behind the scenes make this program exceptional.

The 2025 season also highlights the continued growth of lacrosse across British Columbia. Grassroots programs, strong club structures, and committed families are developing the next generation of elite athletes, ensuring that Team BC remains competitive at the highest levels and that the sport continues to flourish throughout the province.

I am immensely proud of where this program has been taken over the years and deeply grateful to the athletes, families, coaches, managers, trainers, and BC Lacrosse Association staff who have contributed to this extraordinary journey. The dedication, passion, and teamwork demonstrated by everyone involved have set a new standard for excellence and will continue to shape the future of BC Lacrosse for years to come.

Respectfully Submitted,

Mitch Cavallarin

Master Learning Facilitator Box and Field Report

January 2026

Terry Mosdell

The Box and Field Season for later part of 2025 and 2026 Box Season will be back to a full season with clinics being held for both Level 1 and 2 in both Box and Field Coaching Clinics. The Season itself was much better than what had happened in 2023 as we were able to get all league play starting in April for most box leagues and May for the remainder.

Clinics for the 2025 Box Season were all in person which was great to see. This year we saw a few of the courses become a combo course. This a course where we have both Community Development and Competitive intro classes combined into one course. Of course, some of the material had to be done separately however it worked very well for the areas where we could not have enough participation from both of the levels. Having it combined allowed us to do the on-floor portion with enough participation to cover all the necessary floor elements.

One new thing that was introduced during the Box Season in 2025, which will also filter into the upcoming Field Season, is the updated Community Development Clinic and the Competitive Intro Clinic. Effectively this year any coach who attends either a Field or Box CMD and CPI course will only have to do the Theory portion once. This means that if you attend a full Theory and Technical CMD/CPI Box course and then later would like to attend a CMD/CPI Field course in the Fall you will only have to attend the on-Field portion of the course. This has attracted many coaches to jump at the offer of only having to complete the Technical portion of the course for a different discipline at a later date.

We also had several coaches apply for their certification this year so that they could participate in the National Championships.

In 2025 we once again delivered the Competitive Development course to several potential Coaches for the Canada Summer Games, which were held in August. Several of these Coaches also completed the Coach Evaluation requirements to become fully certified as per the requirements of the Canada Summer Games.

The Clinics for Field for the 2025 Season started in September - and again they will be full classroom presentations along with the on-field portion. We will also be starting Competitive Intro courses for Field under the same format.



Dear members,

It has been my pleasure to serve as the VP of Technical Programs the past year. This has been a year of learning and growth as I have gained a deeper understanding of the roles and responsibilities of the six committees within my mandate, as well as the opportunities and challenges that they each face.

I had the privilege to be part of the team that represented BC Lacrosse at the Lacrosse Canada Semi-Annual meeting earlier this year in May. It was insightful to learn the state of lacrosse in all three sectors; box, field, and sixes across the various provincial bodies in Canada.

It was also an opportunity to gain experience from Lacrosse Canada as they revealed their new strategic plan for 2025 to 2028, and the membership voted in favor to move to a Governance model. Providing a framework for BC Lacrosse to build from as we transition to our own Governance model.

Looking ahead, I am looking forward to collaborating more closely with our Coaches Technical Support Group led by Travis Gillespie, and our Officials Technical Support Group led by Doug Wright. I would like to thank both Travis and Doug for their hard work over the past year in leading these two pivotal Groups.

Recently, I have also agreed to take on the position of VP of Administration & Finance on an interim basis until a suitable replacement can be found for the position. I would also like to thank Jill Krop, Gerry Van Beek, and the rest of the BCLA Executive for their support over the past year. It has been a pleasure to serve with all of you.

Sincerely,

A handwritten signature in black ink, appearing to read "Russ Aunger".

Russ Aunger

VP Technical Programs

BC Lacrosse



**2025 BC Lacrosse Coaches Technical Support Group Special Session
October 2025
BCLA Technical Director Report: Dave Showers**

It has been a busy year for coaching clinics. In this report, I have highlighted the activities that the BC Lacrosse Coaches Association (BCLCTG) has had in the last year, along with some statistics. First of all, I would like to thank everyone involved with the BCLCTG, from Travis Gillespie, (Chair), Rob Arden (Vice-Chair – Minor), Dan Chetner (Vice-Chair – Senior), Shawn Donahue (Vice-Chair – Field), Gord Cooper (Vice-Chair – Women's Field), Terry Mosdell, Bryan Baxter and Russ Sheppard (Master Learning Facilitators) and to all our Learning Facilitators who stepped into a classroom or into an arena or onto a field to teach or evaluate our coaching programs. A final thank you to all the volunteers, whether it be behind the scenes or in the action; we wouldn't be an association without you.

BCLCTG ACTIVITIES AND SUCCESSES

FIELD Coaching Clinics

The BCLCTG offered **14** In-Person coaching clinics and **3** online classroom clinics and 1 on-field session from September 2024 to January 2025. There were **7** FCMD clinics (Field Community Development – Level 1), **5** FCPI (Field Competitive Introduction – Level 2) and **3** WFCMD clinics (Women's Field Community Development – Level 1).

The total number of participants for the full sessions was **198**:

FCMD – 93 attended the full session, **27** needed on-field only (14 No Shows)

FCPI – 59 attended (10 No Shows)

WFCMD – 46 attended (4 No Shows)

Any Coach who attended the Online Classroom only portion during COVID will now need to attend the full clinic to become Trained.

BOX

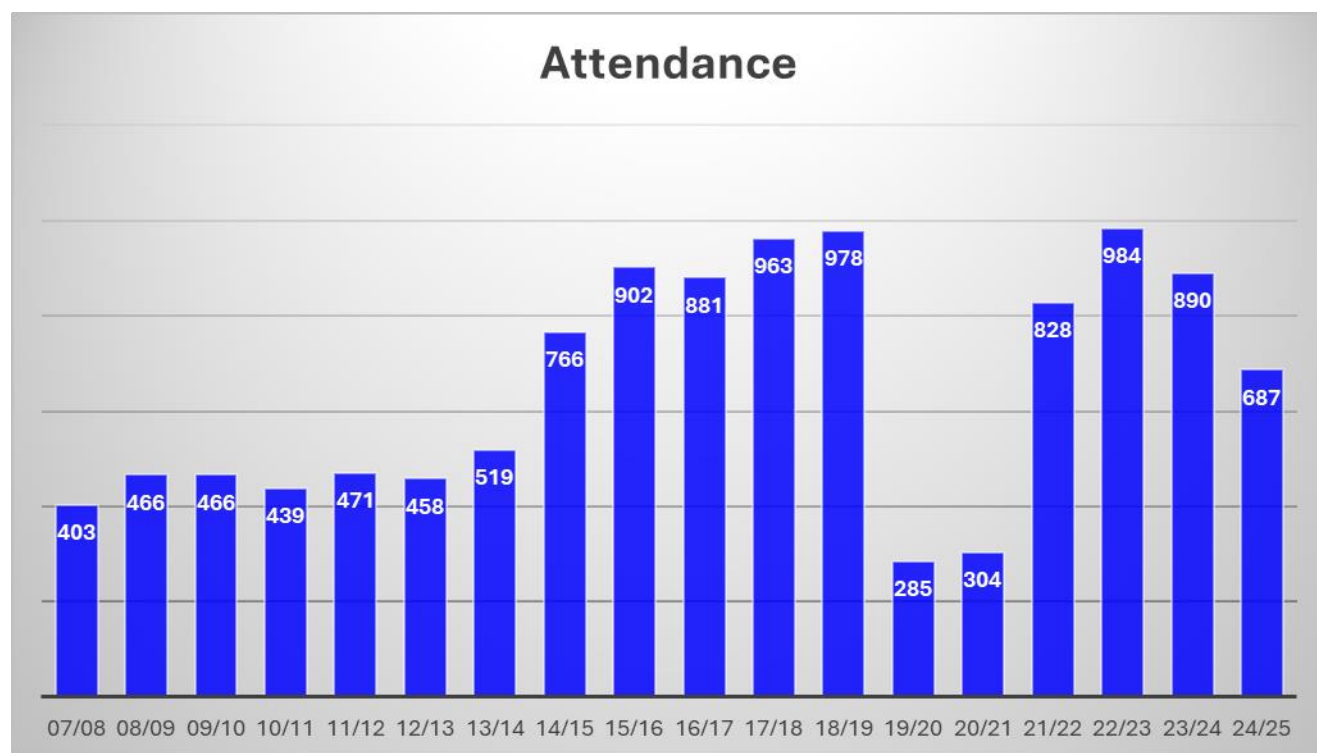
The BCLCTG offered **36** In-Person, **2** Online coaching clinics from March 2025 – June 2025. We ran **26** CMD Clinics (Community Development – Level 1) and **12** CPI Clinics (Competitive Introduction – Level 2). The total number of participants for the full session was **489**, On-Floor Only **14**, Classroom Only **34**:

Full Sessions (Classroom + On-Floor)

- **CMD – 343** attended (45 No Shows).
- **CPI – 146** attended (29 No Shows)

Our maximum clinic size is 30 for CMD and 25 for CPI, so we had to have waitlists for over half our clinics. We had 74 coaches sign up for clinics and not attend. So those on the waitlist lost out.

CLINIC ATTENDANCE – Coaches attendance from 2007/2008 to current. The big jump between the 2013/14 season and the 2014/15 season is due to the 'Door Person' roll being changed from the U13 division and up. Another change between the 2016/2017 and 2017/2018 season is due to the 'Door Person' role being removed from all the divisions. COVID-19 affected the 2019/2020 and 2020/2021 totals.



COACH TRAINING REQUIREMENTS:

BOX

U7 – U13 – Box Community Development – Level 1 (Head and Assistant Coaches)

U15 – Senior – Box Competitive Introduction – Level 2 (Head and Assistant Coaches) – must have previously completed Box CMD Level 1.

YOUTH FIELD

U7-U13 – Field Community Development – Level 1 (Head and Assistant Coaches)

U15 - Senior – Field Competitive Introduction – Level 2 (Head and Assistant Coaches) – must have previously completed Field CMD Level 1.

WOMEN'S FIELD

U8-Senior – Women's Field Community Development – Level 1 (Head and Assistant Coaches)

Nationals – Women's Field Competitive Introduction – Level 2 (Head and Assistant Coaches) – must have previously completed Women's Field CMD Level 1.

ANY COACH GOING TO A NATIONAL CHAMPIONSHIP (Box or Field), THIS INCLUDES ANYONE OPENING AND CLOSING THE GATE (Team BC, Mann Cup, Minto Cup, Presidents Cup, Founders

Cup, Victory/Ross Cup, and First Nations/Alumni Cup) – need to be **CERTIFIED**. This is a Lacrosse Canada Rule. This requires a coach to be **TRAINED** at the CPI Level + complete the Online Ethics Course + In-Person Evaluation.

A reminder that there is no 'DOOR PERSON' position. Each person on the bench needs to be a coach and properly trained.

****Starting 2024, any Coach attending a Community Development Coaching course, will just need to attend the classroom portion once for all Disciplines.**

For Example: A new Coach needs to attend the Community Development classroom section and then the On-Floor portion to become Trained at the Box Community Development.

In the Field Season, the same coach would then just need the on-Field portion to become Trained at the Field Community Development or take the Women's Field On-Field portion in order to become Trained at the Women's Field Community Development.

****Starting 2025, any Coach attending a Competitive Introduction Coaching course, will just need to attend the classroom portion once for all Disciplines. Same examples as above, but with the CPI training.**

LEARNING FACILITATORS IN ALL AREAS AND DISCIPLINES NEEDED:

Learning Facilitators are crucial to the development of skilled, knowledgeable coaches and through those coaches, athletes/participants are safer, happier and more successful. The goal of a Learning Facilitator is to effectively facilitate sessions that result in the development of coaches who are able to demonstrate their abilities and meet the standards established for certification.

The following training is required by all Coach Developers (I will help with all these steps and **BCLA will pay for any training**)

1. **Core Training:** Provides Coach Developers with the skills to perform their role.
2. **Content-specific Training (sport or multi-sport):** We will meet as a group and discuss what should be delivered in the program. It also will give the Coach Developers an opportunity to practice delivery with their peers. I can set you up with one of our Master Learning Facilitators for this training.
3. **Co-delivery:** You will help run a clinic alongside one of our current facilitators.

Once a Coach Developer has all of the above training pieces they are considered "**TRAINED**".



CERTIFIED COACHES/PD POINTS - This is a message for all our Certified Box and Field Lacrosse Coaches. Many of you have probably heard of the Professional Development points that certified coaches need to get. This is to help you understand what is required and how to get those points. For NCCP coaches to maintain their certified status, they will be required to obtain Professional Development (PD) points. PD points can be earned through a multitude of activities that coaches already participate in, including national and provincial sport organization conferences and workshops, eLearning modules, NCCP workshops, coach mentorship programs, and active coaching. In most cases coaches are already earning their required PD points – Maintenance of Certification Status is simply the introduction of tracking these points and recognizing coaches for their efforts.

Coaches can check his/her profile and points by logging into nccp.coach.ca and using his/her NCCP# to check his/her transcript. Remember that PD points will only appear on his/her transcript after the data has been entered in the Locker. Coaches only need to earn the required number of points to maintain certification; however, he/she can accumulate as many PD points as he/she wants. Once the five-year cycle ends, PD points are re-set to 0.

Video - <https://www.youtube.com/watch?v=7DI3fYAHdVM>

Recommendations

- Once again, Coaching Coordinators must register their Coaches for coaching clinics. Please include the individual coach's email address so that they can receive the confirmation email.
- I would like to switch the clinic registration to the Locker, where coaches can sign themselves up and pay right away and then submit any receipts to their own Associations. This will hold the Coaches more accountable to show up to the sessions. They will be able to cancel their booking themselves a few days out of the clinic if needed.
- Please use the new Form 100 spreadsheet moving forward (no paper copies please and please **don't** PDF the spreadsheet). Please also make sure that your Coaches complete the new online coach FairPlay Form before the upcoming field or box season. It will take them five minutes to complete - https://www.bclacrosse.com/teambc_reg/bcla_fairplay_coaches.php
- Form 100s found at: <https://bclacrosse.com/forms.php#coaches>
- **Please have all team/league websites remove the role of Door Person, this was something used, just by BC, about ten years ago, but we are now following Lacrosse Canada's rules, therefore there is no DP.**